



Wednesday 21st & Thursday 22nd August 2019

Walk under a canopy of pink blossom in the Auburn Botanic Gardens and take photos of the stunning Japanese Gardens.

To celebrate cherry blossom season, the botanic gardens runs a ten-day festival. We are attending the themed senior's day.

There is so much to do! So, get your walking shoes on.

The Cherry Trail - 9am to 5pm

Follow the Cherry trail around our Japanese Gardens on a self-guided tour discover on your journey and find some of our most Instagramable Cherry tree sites along the way!

Tea Ceremony and Kimono dressing from 9am to 5pm

Take part in or observe a real Japanese tea ceremony. You also have the opportunity to try on traditional Kimono from the private collection of Tae Gessner.

Ikebana demonstrations at 10am

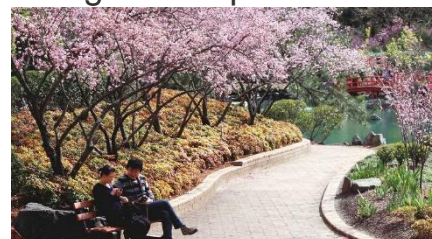
Ikebana is the Japanese art of flower arrangement. It is also known as Kadō (華道, "way of flowers").

The traditional dates back to the 7th century and became under Buddhist tea masters in the 16th century. These days there are over 1000 different schools in Japan and around the world.

At 10am, join Sydney's chapter of Ikebana International for Ikebana demonstrations in the Izakaya Bar.

Haiku Readings and Ginko Walks from 11am to 12pm

The pen is mightier than the blossom! Join us and discover the art of the Haiku poem. Learn how to construct your very own poem, in the traditional Japanese form using seventeen syllables, in three lines. Explore your surroundings on a special Ginko walk where you will evoke images of the natural world and make them come alive with your pen and paper. Brought to you by the Australian Haiku Society.



Radio Taiso workshops at 11am, 12pm and 1:30pm

Japan's mature population sit among some of the healthiest in the world. And seeing seniors perform calisthenics activities in their open parks and gardens is a familiar site in Japan. Radio Taiso or ラジオ体操, Radio Taiso literally translates to radio exercises and are warm-up calisthenics performed to music. Radio Taiso first appeared in Japan in 1928 as a commemoration of the coronation of Emperor Hirohito. Join us in the gardens for gentle Taiso stretches exclusive to Seniors Day..

Shakuhachi performances at 12pm and 2:30pm

The Shakuhachi is a traditional Japanese bamboo flute introduced from China in the 7th century. Relax and unwind listening to performances with this beautiful melodic instrument by resident festival musician Lindsay Dugan.

At 12.30pm and 3.00pm, meet at the Japanese Moon gate for a rare opportunity to join one of the Auburn Botanic Gardens' resident horticulturalists for a guided tour of the Japanese Gardens.

Taiko performances at 1pm and 3:30pm

Taiko performers YuNiOn will take you on a fun, open and soulful journey through the high-spirited energy of the Japanese Taiko drum blended with percussive sounds and festive song and dance.

Wednesday: Commence pickups by 07:30, first stop "Hunter Region Botanic Gardens with morning tea supplied by Port Bus. Then into Hornsby RSL for lunch. After all the walking and eating we make our way to our accommodation. Free time to choose from many of the local restaurants for Dinner

Thursday: Breakfast is available from TBC, we will be departing at 10:15. Please ensure you have checked out, handed your key to reception and are ready to roll 🚌 Our Seniors Day at the Auburn Botanic Gardens begins at 11:00. There is so much to see and do so please take your time and enjoy your day. You will find many food stalls to purchase lunch from. Our departure will be 15:30. Dinner stop @ Heatherbrae on then we are homeward bound.

INCLUSIONS:

- Return transport
- 1 x Morning Tea provided by Port Bus
- Accommodation
- Breakfast
- Festival Entry

\$346.00 pp twin share | \$470.00 pp single room



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